



Quadrivalent HPV Vaccine  
Evaluation Study

## Vaginal Swab Collection – Instructions

We have sent you a kit to collect some fluid and cells from your vagina by yourself. This test is safe and simple to do. You should not have any pain or discomfort. The swab collection will take about 10 minutes to do.

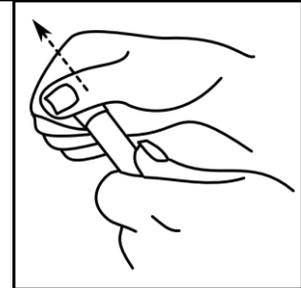
The kit contains

- A swab package containing two swabs
- A pre-labeled Swab Transport Tube
- A plastic bag containing a piece of absorbent paper
- A pre-addressed padded envelope for mailing the swab sample

**Please do the swab as soon as possible using the directions below except if you are having your period, please wait until after your period stops.**

1. Wash your hands with soap and water.

2. Remove the cap from the transport tube, taking care not to spill any of the liquid in the tube. This liquid is not harmful. The liquid is to preserve the swab during transport. Stand the tube on a flat surface e.g. countertop, table.



3. Open the package containing the swabs. Take out one of the swabs taking care not to touch the swab to any surface.

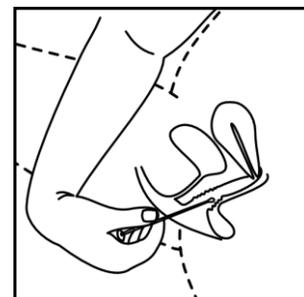
*Note: You will only need to use one of the swabs. There is a spare one in case you drop the first one.*



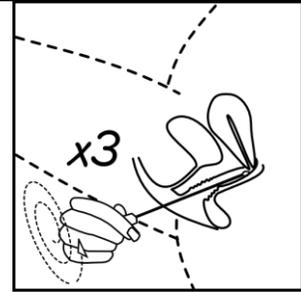
4. Sit with your legs apart, or stand with one leg up on the toilet or the edge of the tub.

5. Hold the stick part of the swab in the middle.

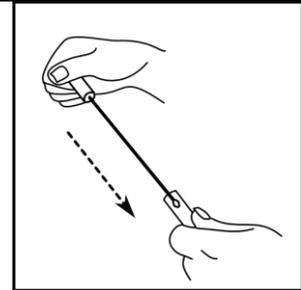
6. Gently push the tip of the swab into the opening of your vagina and as far up as you can, aiming at a slight angle towards your lower back. The end of the stick will be outside the vagina. (This is similar to the way a tampon is inserted.)



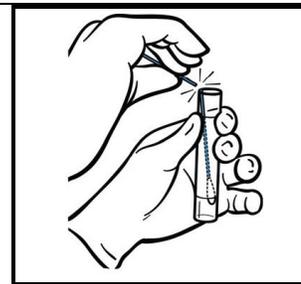
7. While the swab is in your vagina, turn the stick three times.
8. Pull on the stick gently to take the swab from your vagina.



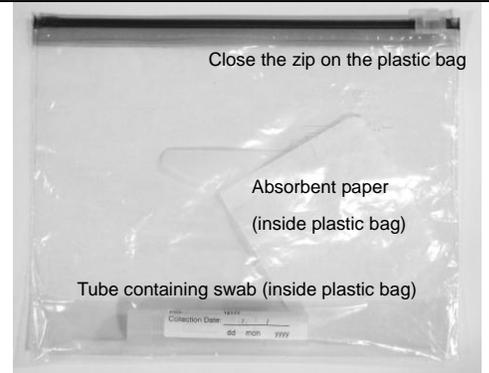
9. Place the swab into the transport tube, pushing the swab to the bottom of the tube.



10. Holding the stick part of the swab close to the rim of the tube, break the swab stick. The swab stick will break easily. *Please discard the stick piece that is left in your hand.*



11. Place the cap on the tube and push it snugly into place
12. Write the date you did the swab on the label on the tube.
13. Put the tube into the provided plastic bag. Leave the absorbent paper in the plastic bag-the absorbent paper is there in case the tube leaks. Close the zip on the plastic bag.



14. Put the plastic bag containing the absorbent paper and the tube with the swab into the padded envelope. Close the padded envelope tightly.

15. Drop the envelope into any Canada Post mailbox as soon as you have done the swab.

If you have any problems please call the QUEST coordinating center at 1-866-502-2424.

Thank you for being part of QUEST!